



*high vibe bride*

Connecting with your DREAM DRESS  
is a fun part of celebrating your LOVE!

Ultimate Dress Guide for  
*High Vibe Brides*





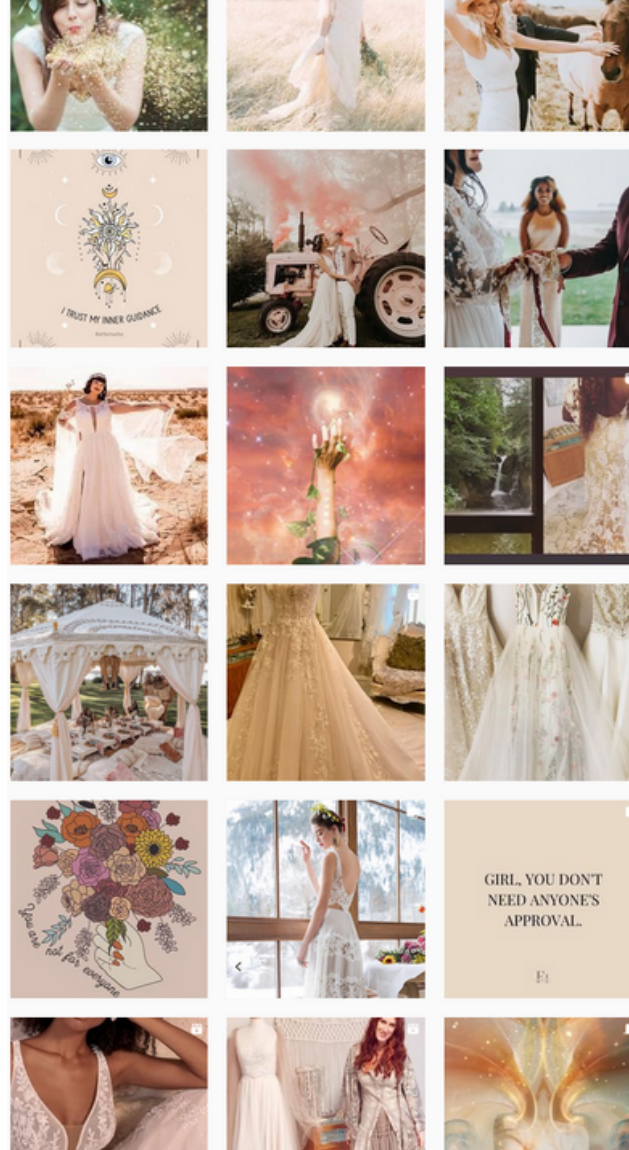
# Find Your Style

## JUST GETTING STARTED?

Keep a Pinterest board for all the dresses you may be interested in trying! This can also help your stylist get to know you and your style.

## KEEP AN OPEN MIND

While your Pinterest board is full of amazing dresses you think you will love, still keep an open mind to other styles as well, everyone is shaped different and you may find that a different silhouette or color suits you!



Find us on Insta. at  
[@High\\_Vibe\\_Bride](https://www.instagram.com/High_Vibe_Bride)  
for more inspo!





# What's Up with Bridal Sizing?

Many of our gorgeous dresses are European, therefore the sizing is slightly different.

Bridal sizing is typically 2 sizes bigger than your regular size, so if you're normally an 8 you would be around a 12 in some designers.

Remember, size is just a number and will never affect your beauty or worth.

“We'll find you a dress  
that you'll love  
forever!”







# Trust Your Gut!

Finding your Dream dress can be  
**EASY!**

Your body holds the wisdom--  
listen to your internal guidance  
system.

Your stylist will honor YOUR  
TRUTH, and pull you more things  
that resonate with what you like!







## Who should you bring?

Bring only those who make you feel loved and supported, your tribe reflects your VIBE!

Your YES to the DRESS moment is awesome!

## “Secret Tip:

Bring a backless stick-on bra, nude panties, and a nude shaper for a smooth fit!

## YOU + THREE

We make bridal easy, with the focus on YOU!

For this special occasion we have room for THREE Guests with you, and you can facetime others!



A decorative frame in a golden-yellow color surrounds the text. It features a sun with a face at the top center, two hands reaching up on the sides, and two crescent moons with faces at the bottom. The frame is adorned with various star and cross symbols.

# Silhouette

**Finding the right gown shape for you  
can help emphasize your favorite  
features.**

**From A-line to Sheath to Ballgown, we  
carry a full range of styles.**

**Here is our easy gown silhouette  
(or shape) guide!**

**Which would you love to try on?**





## *A - Line*

A-line dresses are flattering and emphasize the waist, while flowing over the hips giving an ethereal effect. Easy to dance the night away in style and comfort!

## *Ball Gown*

Ballgowns are perfect for a bride who likes wow factor. They have a dramatic full skirt and structured slimming bodice.





## Fit & Flare

This gown shape is ultra-flattering, hugs you in all the right places, and flares at the low hip. Choose this gown shape to highlight your curves!

## Sheath

Sheath gowns fall straight from the hips gracefully, perfect for a modern look, more informal gatherings, or outdoors weddings.







# Dreamy Dress Alterations

We love customizing our gowns! The most popular design changes on our extensive off-the-rack inventory are:

- Lowering or building up a neckline or back
- Adding or removing sleeves
- Minimizing or adding to the "poof" level in the skirt.



## Timing

We love to start the alterations process around 2-4 months before your wedding date, depending on your gown's complexity!





# Hey there, lovely!

I'm Janay, owner of High Vibe Bride, a bridal designer and seamstress with more than 15 years of experience. I have helped thousands of brides feel confident in their wedding gowns, since making my first custom wedding gowns in 2006.

Since then, I have shown my designer eco-gown collection from New York to LA. I now find the most JOY in creating a magical space for brides to feel at ease while choosing their wedding gown, with my dreamy team in Mission, KS.

Let's find your DREAM DRESS!



~Janay A Joy





***Here's to Love,  
Laughter & Happily  
Every After!***

*Saying Yes to the Dress!*

**Finding your dream dress is  
an exciting moment in your  
life, so remember to have fun  
and enjoy it!**

*Janay A Joy  
+  
Team High Vibe Bride*